

January 2021



Want to see what we accomplished this year? Our 2020 Annual Report will be available on our website at the end of January. We are excited to announce we increased our services significantly this year and look forward to continuing to serve you! You can also request a copy be mailed to you by calling the office.



Happy New Year!

Hello Members, Volunteers and Neighbors,

We hope each of you are staying well and enjoyed your holiday season. We are excited to grow in 2021. With the support of our community, we have many new things planned and look forward to sharing them as we move through the year.

Included on our list of exciting new things are; additional membership types, an increase in events once we can meet safely again, new partnerships, increased intergenerational programming and of course, continued services!

We also hope to be able to celebrate our wonderful volunteers in person as soon as it is safe to meet in groups again.

If you have suggestions for programming PLEASE reach out and let us know. We welcome feedback.

Thank you for being a part of our "neighborhood". We cherish each of you and hope to provide even more connection in the new year.

UCN2N Board and Staff (Tessa and Chelsie)



Neighborhood News

Mental Health First Aid Training by PASS Feb. 4th:

Join us for a FREE virtual training on February 4th from 1-7pm. This is a virtual classroom style training with some additional virtual prep work done in advance of the training. This training is primarily for our volunteers, but open to our members as well. Volunteers received an additional flyer of information about it. Make sure to RSVP ASAP if you are interested.

<u>What it is about</u>: Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Good Neighbor Pilot Program:

Beginning in January we will be debuting a new Pilot Program with several local Long Term Care facilities. This program will allow us to provide a short term membership for individuals coming home from a stay in an assisted living facility.

Free Yard Signs! We have free yard signs available. They say "better days ahead". If you'd like one, please call the office and we will arrange for drop off.

UCN2N Photo Shoot!

We are in the process of updating our marketing materials and are looking for members and volunteers who would like to be involved in a photo shoot. Pictures would be used in brochures, flyers, and in social media. We will be doing the photo shoot on January 28th at 1pm at Walker Meadows. We will be doing photos in shifts to ensure social distancing. Please wear a mask.

If you are interested in participating let Chelsie know via email or phone as soon as possible. You can find our COVID-19 related health and safety guidelines on our website. Thank you for helping us make our interactions a safe experience. If you have questions or concerns please email us.

We will be adding to our membership types this year!

The latest list will be on our website www.ucn2n.org under the Membership tab OR you can call the office and request a paper copy and new brochure to be mailed to you. Look for updates in early 2021.